

## ISOS Course

# PhD Reloaded

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**12.12.2013 | 9:00 – 17:00 hrs**

Throughout any doctorate it is always helpful to stop and reflect on progress: What is going well and what areas are in need of adjustment?

An analysis of progress to date allows you to work on the PhD project and its timely completion in an even more targeted way: PhD reloaded. At the same time you can create space for personal development.

This workshop helps participants to reflect on their PhD progress in a structured way and to develop their own personal strategies for moving their project forward. The focus is on the following topics:

- | Stocktaking: What is going well and where are the problems?
- | Setting the course: Where will the PhD topic take you?
- | Support: Supervisor, thesis committee and mentors
- | Lone ranger? Interaction with colleagues and scientific community
- | Personal development: Gaining knowledge and developing skills
- | Strengthening strengths: Empowerment for my PhD
- | PhD reloaded: My next steps

**Venue:** ISOS seminar room, Leibnizstr. 1, R 105a

*ISOS PhDs have priority in our courses.*

*Child care can be provided if we have two weeks notice in advance.*

Please register online at

[www.futureocean.org/isos](http://www.futureocean.org/isos)

